

## Commercial Products Used in Clinical Studies Listed in Proprietary Herbal Product Monographs (in alphabetical order by product name)

Proprietary Product (Manufacturer*)	Ingredients†	Other Names (Manufacturer/Distributor*)
<b>Alluna™ Sleep</b> (GlaxoSmithKline)	<i>Valeriana officinalis</i> , <i>Humulus lupulus</i>	Ivel® (Germany: Kanoldt Arzneimittel GmbH) ReDormin® (Switzerland: Zeller AG) Ze 91019 (Zeller AG: extract used in retail products)
<b>Esberitox®</b> (Schaper & Brümmer GmbH & Co. KG) (pre-1985 formulation)	<i>Echinacea angustifolia</i> root, <i>Echinacea purpurea</i> root, <i>Thuja occidentalis</i> herb, <i>Baptisia tinctoria</i> root, additional homeopathic dilutions of herbs	Not marketed in the U.S.
<b>Esberitox®N¹</b> (Schaper & Brümmer GmbH & Co. KG) (1985 formulation)	<i>Echinacea angustifolia</i> root, <i>Echinacea purpurea</i> root, <i>Thuja occidentalis</i> herb, <i>Baptisia tinctoria</i> root	Not marketed in the U.S.
<b>Esberitox®N²</b> (Schaper & Brümmer GmbH & Co. KG)	<i>Echinacea pallida</i> root, <i>Echinacea purpurea</i> , <i>Thuja occidentalis</i> , <i>Baptisia tinctoria</i> root	Esberitox® (U.S. Distributor: Enzymatic Therapy, Inc.)
<b>Euvegal® forte</b> (Dr. Willmar Schwabe Pharmaceuticals)	<i>Valeriana officinalis</i> , <i>Melissa officinalis</i>	Valerian Nighttime™ (U.S. Distributor: Nature's Way Products, Inc.)
<b>Hochu-ekki-to®</b> (Tsumura & Company)	<i>Astragalus membranaceus</i> , <i>Panax ginseng</i> , <i>Atractylodes lancea</i> , <i>Angelica sinensis</i> , <i>Bupleurum chinense</i> , <i>Zyzyphus jujuba</i> , <i>Citrus unshiu</i> peel, <i>Cimicifuga bitermata</i> , <i>Zingiber officinale</i>	Not marketed in the U.S.
<b>Hova®</b> (Gebro Pharma GmbH)	<i>Valeriana officinalis</i> , <i>Humulus lupulus</i>	Not marketed in the U.S.
<b>Liv.52®</b> (Himalaya Drug Company)	<i>Capparis spinosa</i> , <i>Cichorium intybus</i> , Ferric oxide Calx., <i>Solanum nigrum</i> , <i>Terminalia arjuna</i> , <i>Cassia occidentalis</i> , <i>Achillea millefolium</i> , <i>Tamarix gallica</i> (specially processed in a base of <i>Eclipta prostrata</i> , <i>E. alba</i> )	LiverCare® (U.S. Distributor: Himalaya USA)
<b>Mastodynon®</b> (Bionorica AG)	10 g (10.8 ml) Mastodynon® drops contain as active ingredients 2.0 g <i>Vitex agnus-castus</i> ø, 1.0 g <i>Caulophyllum thalictroides</i> (HAB 34) Dil. D4 (HAB 1;V.3a), 1.0 g <i>Cyclamen</i> Dil. D4, 1.0 g <i>Ignatia</i> Dil. D6, 2.0 g <i>Iris</i> Dil. D2, 1.0 g <i>Lilium tigrinum</i> Dil. D3. Mastodynon® drops contain ethanol 53% v/v	Not marketed in the U.S.
<b>Nutrilite® Saw Palmetto with Nettle Root</b> (Nutrilite®)	<i>Serenoa repens</i> , <i>Urtica dioica</i> root, <i>Cucurbita pepo</i> , Lemon bioflavonoid concentrate, natural β-carotene concentrate	
<b>Padma Basic®</b> (PADMA AG)	<i>Saussurea lappa</i> , <i>Azadirachta indica</i> , <i>Cetraria islandica</i> , <i>Terminalia chebula</i> , <i>Elettaria cardamomum</i> , <i>Pterocarpus santalinus</i> , additional herbs	(U.S. Distributor: Econugenics)
<b>Padma 28®</b> (PADMA AG)	<i>Saussurea lappa</i> , <i>Azadirachta indica</i> , <i>Cetraria islandica</i> , <i>Terminalia chebula</i> , <i>Elettaria cardamomum</i> , <i>Pterocarpus santalinus</i> , <i>Aconitum napellus</i> , additional herbs	Not marketed in the U.S.
<b>Phytodolor®</b> (Steigerwald)	<i>Fraxinus excelsior</i> , <i>Populus tremula</i> , <i>Solidago virgaurea</i>	Not marketed in the U.S.
<b>Prostagutt® forte</b> (Dr. Willmar Schwabe Pharmaceuticals)	<i>Serenoa repens</i> , <i>Urtica dioica</i> root	ProstActive Plus™ (U.S. Distributor: Nature's Way Products, Inc.)
<b>Pycnogenol®</b> (Horphag Research)	French Maritime Pine Bark Extract ( <i>Pinus pinaster</i> subsp. <i>Atlantica</i> )	(U.S. Distributor: Natural Health Science)
<b>Sinupret®</b> (Bionorica AG)	<i>Gentiana lutea</i> , <i>Primula veris</i> , <i>Rumex acetosa</i> , <i>R. crispus</i> , <i>R. obtusifolius</i> , <i>Sambucus nigra</i> , <i>Verbena officinalis</i>	(U.S. Distributor: Mountain Home Nutritionals)

\* See pages 405-408 for contact information.

† Based on product label.