Solidago virgaurea L.

Standardized Common Name: European Goldenrod

Other Common Names: Goldenrod, Solidago, Virgaurea, Woundwort

Family: Asteraceae (Compositae)

Parts in Commerce: Whole herb with flowers

Identification:

Stems

- To 0.5 cm in diameter
- Reddish and glossy or yellowish, white inside
- With numerous shallow longitudinal ridges
- Glabrous or bearing short hairs

Leaves

- Basal leaves broadly elliptical to obovate, oblanceolate or spatulate, to 10 cm long, long-petioled
- Cauline leaves usually 1.5–6 cm long and narrowly elliptical or lanceolate, the lowermost sometimes broadly lanceolate and up to 10(–15) cm long, progressively reduced in size on the upper stem
- Bases of upper leaves tapering to form a short petiole, or somewhat clasping in the smaller leaves
- Apices acute
- Margins entire or weakly serrate, sometimes only the larger leaves serrate, bearing tiny hairs or projections
- Upper surface dark green and smooth; lower surface weakly pubescent with short stiff hairs, giving a rough texture, or glabrous
- Venation inconspicuous except for midrib, pinnate, reticulated; several curving secondary veins originate from midrib
- Odor slightly aromatic
- Taste astringent

Flowering heads

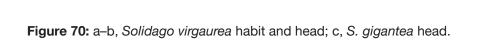
- Heads borne on all sides of the flowering stem, not confined to the upper side
- Heads on individual peduncles at least 3 mm long, not sessile
- Rachis and peduncles often pubescent
- Heads 6–10 mm in diameter
- Involucre cylindrical to broadly campanulate, pale green, 4.5–8 mm long, of up to 5 rows of bracts (phyllaries), the innermost longest
- Most phyllaries 3–6 mm long, narrow, acute, with greenish midrib and paler dry margins, sometimes weakly pubescent, often ciliate

- Ray florets 6–12, 4–9 mm long, yellow; ligule narrow, spreading, widest at top, usually with (2–)3–5 minute, inconspicuous apical lobes
- Disk florets 10–30, tubular, yellow, hermaphroditic, to 8 mm long; corolla narrowly tubular, widening above, with 5 short lobes, the lobes usually spreading at maturity; anthers mostly yellow, protruding above corolla; ovary often short-pubescent
- Pappus on both ray and disk florets a ring of bristles, (3–)4–5 mm long, the bristles bearing minute single-celled hairs

Among the other species of goldenrod used medicinally, the most common are *S. canadensis* L. (Canadian Goldenrod, which hybridizes readily with *S. virgaurea*) and *S. gigantea* Aiton (Early Goldenrod, for which *S. serotina* Aiton is a synonym). Both of these North American species are naturalized in Europe and could be accidentally substituted for *S. virgaurea*. These species share a number of distinguishing features:

- Leaves cauline only, largest at mid-stem, often deciduous from lower stem; all leaves generally >4 cm long, mid-stem leaves may be up to 15 cm long
- Leaves with three main veins; two veins originate from basal part of midrib and run parallel to it for most of length of leaf; primary veins often prominent on underside of leaf
- Leaf margins shallowly but sharply serrate for most of length on all leaves
- Leaf pubescence mainly along veins beneath (sometimes glabrate or pubescent throughout lower surface)
- Inflorescence a panicle with spreading branches, all heads borne toward one side of the branch
- Heads smaller than those of *S. virgaurea*, with smaller involucres, florets and pappus and with <12 disk florets per head
- Tiny apical lobes of ray florets commonly only 2
- Lobes of disk corollas smaller, usually remaining more or less erect rather than spreading at maturity
- Pappus bristles < 2.5 mm long
- Odor slightly more aromatic and taste less bitter

Characters that separate these two species include the following: S. canadensis S. gigantea Upper part of vegetative Vegetative part of stem Stem pubescence stem hairy glabrous; flowering part usually hairy 2-3 mm high 2.5–5 mm high Involucre Ray florets 2.0-2.5(-3.0) mm long, 3.5-4(-6) mm long narrow, usually not much longer than phyllaries and disk florets 2-7 per head, 2.3-2.8 Disk florets 6-12 per head, 3.2-3.5 mm mm long long A В



С

Taxonomy: *Solidago* includes about 80 species, most of which are North American. There is only one native European species, *S. virgaurea*. Several similar North American species were formerly placed within *S. virgaurea*, which in recent treatments is restricted to plants of European origin.

Description: Perennial herb; stem to 1 m high, the vegetative portion unbranched. Leaves in a basal rosette and cauline; basal leaves petiolate, oblanceolate to obovate, 2-10(-14) cm long; cauline leaves alternate, decreasing in size above, narrowly lanceolate to elliptical, with tapering, short-petioled or clasping base; apex acute, margins usually serrate; lower surface usually pubescent. Inflorescence a thyrse of heads or a panicle of heads with ascending racemose branches. Heads pedunculate, with 6-12 ray florets and 10-30 disk florets; florets yellow. Involucre 4.5-8 mm long, cylindrical to campanulate, of multiple rows of overlapping bracts (phyllaries); phyllaries lanceolate, acute. Ray florets female, ligulate, 4-9 mm long; ligule narrowly oblanceolate, upper portion spreading, with (2-)3-5 minute apical lobes. Disk florets hermaphroditic, tubular, almost as long as ray florets; tube narrow, widening slightly above; lobes 5, short, spreading; anthers and style protrude above mouth of corolla tube. Fruit an achene, 3-4 mm long, pubescent, with numerous veins; pappus a ring of bristles, (3–)4–5 mm long.

References:

British Herbal Medicine Association. *British Herbal Pharmaco-poeia*. BHMA; 1996:90–91.

Fernald ML. *Gray's Manual of Botany*, 8th ed. New York: American Book Company; 1950:1381–1413.

McNeill J. Solidago. In: Tutin TG, Heywood VH, Burges NA, et al., eds. Flora Europaea. Vol. 4. Cambridge: Cambridge University Press; 1976:110–111.

Morton GH. A practical treatment of the *Solidago gigantea* complex. *Canad J Bot*. 1984;62:1279–1282.

Semple JC, Ringius GS, revised by Semple JC. The goldenrods of Ontario: *Solidago* L. and *Euthamia* Nutt. Revised edition. *Univ Waterloo Biol Ser.* 1992;36:1–82.

Wichtl M, ed. *Herbal Drugs and Phytopharmaceuticals*, 3rd English ed. Stuttgart: medpharm Scientific Publishers and Boca Raton, FL: CRC Press; 2004:578–586.